

Eric Morrow, Activities Director  
ericm@rcsrams.org



## **2025 RCS Cross Country Schedule**

Sat, Aug 23	Meet (7 <sup>th</sup> grade & above)	Perham, MN	9:00 am
Friday, Sept 5	Meet	Moorhead Twilight	4:00 pm *Van leaves at 1:45pm
Thurs, Sept 11	Meet	Ada	4:00 pm *Van leaves at 2:00pm
Saturday, Sept 20	Meet (V girls only)	U of M	9:45 or 11:15am *Van leaves at 2pm on Friday
Mon, Sept 22	Meet	EGF *Valley Golf Course	4:00 *Cars leave at 3pm
Sat, Sept 27	Meet	Border Battle Lincoln Park, GF	12:00 pm *Arrive at 10:30
Tues, Sept 30	Meet (JH Only)	Warren, MN	4:00 *Van leaves at 2:30pm
Tuesday, Oct 7	Conference Meet	Roseau	4:00 *Van leaves at 1:00pm
Mon, Oct 13	Meet	Bemidji *Greenwood Golf Course	4:00 *Van leaves at 12:30pm
Fri, Oct 24	Sectional Meet (Varsity only)	Bagley Twin Pines Country Club	4:00 (girls) 4:35 (boys) *Van leaves at 1:30pm
Sat, Oct. 25	Jr. High State Championship	Wayzata East Middle School	9:00am
Sat, Nov 1	State Meet (state qualifiers only)	U of MN Les Bolstad Golf Course	